

RELATIONSHIP AND SEX EDUCATION POLICY

RSE is a lifelong learning about physical, moral and emotional development.



RSE Education Guidance DfEE

1 Introduction

This policy outlines the purpose, nature and management of SRE taught in our school.

2 The 3 Main Elements of RSE

- **attitudes and values**
 - learning the importance of values, individual conscience and moral considerations;
 - learning the value of family life, marriage and stable relationships for the nurture of children;
 - learning the value of respect, love and care;
 - exploring, considering and understanding moral dilemmas; and
 - developing critical thinking as part of decision-making.
- **personal and social skills**
 - learning to manage emotions and relationships confidently and sensitively;
 - developing self-respect and empathy for others;
 - learning to make choices based on an understanding of difference and absence of prejudice;
 - developing an appreciation of the consequences of choices made; and
 - managing conflict and learning how to avoid exploitation and abuse.
- **knowledge and understanding** (at appropriate stages)
 - learning about and understanding physical development
 - understanding human sexuality, reproduction, sexual health, emotions and relationships;

3 Implementation

The implementation of this policy is the responsibility of the Headteacher and all teaching staff. Staff working with children with SEN must ensure that they are properly included in the relationship teaching.

RSE will be delivered through PSHE and Citizenship and the Science curriculum. The term “sex education” will not be used with our children and the programme of work will reflect the age and the physical and emotional maturity of the children.

Education about relationships should focus on friendship, bullying and the building of self-esteem. The PSHE and Citizenship framework will be used to plan work that will address these themes. Education about growing and changing and health education will be planned with reference to the Science National Curriculum.

The children will be taught in small groups or whole class situation as appropriate. When it is necessary to do so children will be spoken to on an individual basis.

Working With the Wider Community

A range of people in the wider community may help in the delivery of the school's programme, such as the school nurse. All contributors will be expected to work within the school's RSE Policy and on the instructions of the Headteacher.

4 Equal Opportunities

The Governors believe that all children are entitled to appropriate and responsible health and sex education.

5 Monitoring

The teaching of RSE will be monitored by the Headteacher through planning documents. The Governors and Headteacher will make ongoing evaluations as to the effectiveness of the partnership with parents and the personal development of the pupils.

6 Review

A copy of this policy will be available to all parents. Parents have the right to withdraw their children from RSE other than those elements which are required by the National Curriculum Science orders.

Date Adopted: 12/10/06

Reviewed: September 2009, 2010, 2011, 2012, 2013, May 2014, February 2017