



Physical Education

The PE curriculum is delivered through designated lessons to build the fundamental skills of movement and also to be challenged by the participation in competitive and cooperative activities.

The lesson to extend the child's agility, balance and coordination is supported with music, visuals and stories. The skills that are acquired in this session are applied during other lessons that develop games, gymnastics and dance. The children can practise individually and with others to become enthusiastic and confident participants.

The children are encouraged in a variety of ways to develop a healthy, active lifestyle that they will continue to enjoy after school. We aim to promote active learning in the classroom with various physical activities, across the curriculum.

The children have apparatus during playtime to promote a variety of activities and challenges. Some playground challenges are led and organised by the children. The lunchtime play-leader organises a broad range of activities and resources that all children can enjoy and participate in.

We hold an activities based sports day for the children to compete against themselves and as part of a team. All children participate in at least one event with local schools, extending the opportunities to compete with others and to continue to embed the values of fairness and respect.